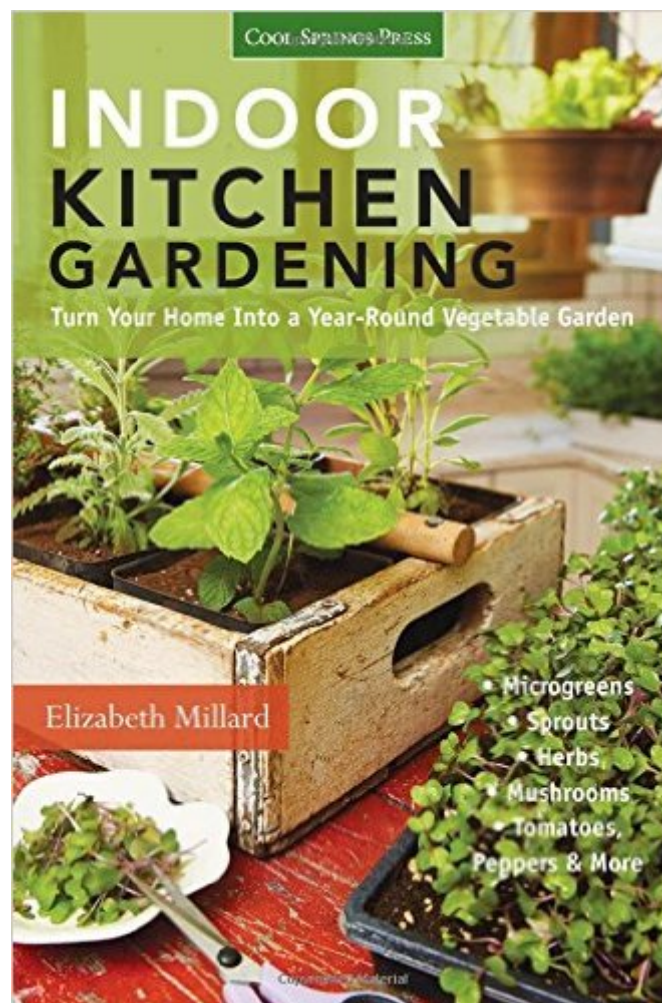


The book was found

# Indoor Kitchen Gardening: Turn Your Home Into A Year-round Vegetable Garden - Microgreens - Sprouts - Herbs - Mushrooms - Tomatoes, Peppers & More



## Synopsis

As featured in the New York Times and named to "Best Garden Books of 2014" by the Chicago Tribune it takes just a few dollars and a few days for you to start enjoying fresh, healthy produce grown indoors in your own home. Imagine serving a home-cooked meal highlighted with beet, arugula, and broccoli microgreens grown right in your kitchen, accompanied by sautéed winecap mushrooms grown in a box of sawdust in your basement. If you have never tasted microgreens, all you really need to do is envision all the flavor of an entire vegetable plant concentrated into a single tantalizing seedling. If you respond to the notion of nourishing your guests with amazing, fresh, organic produce that you've grown in your own house, condo, apartment, basement, or sunny downtown office, then you'll love exploring the expansive new world of growing and eating that can be discovered with the help of Indoor Kitchen Gardening. Inside, author and Bossy Acres CSA co-owner Elizabeth Millard teaches you how to grow microgreens, sprouts, herbs, mushrooms, tomatoes, peppers, and more-- all inside your own home, where you won't have to worry about seasonal changes or weather conditions. Filled with mouthwatering photography and more than 200 pages of Do-It-Yourself in-home gardening information and projects, Indoor Kitchen Gardening is your gateway to this exciting new growing method--not just for garnishes or relishes, but wholesome, nutritious, organic edibles that will satisfy your appetite as much as your palate.

## Book Information

Paperback: 224 pages

Publisher: Cool Springs Press; Third edition (June 15, 2014)

Language: English

ISBN-10: 159186593X

ISBN-13: 978-1591865933

Product Dimensions: 6.1 x 0.6 x 9.1 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #30,947 in Books (See Top 100 in Books) #5 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > House Plants](#) #12 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs](#) #31 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Vegetables](#)

## Customer Reviews

[View larger](#)    Indoor Kitchen Gardening: Turn Your Home Into a Year-round Vegetable Garden

Indoor Kitchen Gardening is about creating a sense of play and nourishment. There's a certain thrill that comes with seeing seeds begin to pop into their first leaves, and if you're wearing your pajamas at the time, that excitement can feel doubled. Although there are some challenging projects wedged into these pages, much of the book is devoted to easy growing practices, so indoor gardening feels more like a fun journey than a daunting task. It doesn't matter if you're crammed into an urban apartment with one fern balanced on the fire escape or wondering how to use a lovely greenhouse space in your new farmhouse, anyone can use these simple tricks and techniques to develop garden abundance. Let the adventure begin!

[Download to continue reading...](#)

Indoor Kitchen Gardening: Turn Your Home Into a Year-round Vegetable Garden - Microgreens - Sprouts - Herbs - Mushrooms - Tomatoes, Peppers & More How to Sprout Raw Food: Grow an Indoor Organic Garden with Wheatgrass, Bean Sprouts, Grain Sprouts, Microgreens, and More Indoor Gardening: 12 Creative Gardening Tips on Garden Design. Discover the Ultimate Small Garden Ideas for Creating the Garden of Your Dreams (Indoor Gardening, garden design, indoor plants) Mushrooms: A New Ultimate Guide to Growing Mushrooms at Home For Dummies: (Mushroom Farming, How to Grow Oyster Mushrooms, Edible Mushrooms) (Farming For Dummies, Gardening For Dummies Book 2) Gardening: Air-Cleaning House Plants to Purify Your Home - DIY Home, Home Gardening & Indoor Gardening (Healthy Home, Gardening for Beginners, Container ... Hacks, Healthier You, Outdoor Gardening) Mini Farming & Indoor Gardening: Mini Farming & Indoor Gardening for Fresh & Organic Produce: How To Do Mini Farming In Your Apartment Using Indoor Gardening Techniques GROWING HERBS: How to Grow Low cost Indoor and Outdoor Herbs in containers, for Profit or for health benefits at home, Simple Basic Recipes ( How to grow herbs, growing herbs for beginners ) Herbs: Everything You Need To Know About Medicinal And Culinary Herbs: (Growing Herbs, Herbs For Health And Healing, Herbs For Weight Loss, Herb Gardening) Gardening:The Simple instructive complete guide to vegetable gardening for beginners (mini farming,Preparedness Gardening,Vertical Gardening,Gardening ... Gardening, Organic Gardening, aquaponic) Gardening: Hydroponics for Self Sufficiency - Vegetables, Herbs, and Berries (Herbs, Berries, Organic Gardening, Canning, Homesteading, Tomatoes, Food Preservation) Gardening: Organic Gardening Beginners Guide: Growing Vegetables, Herbs and Berries (Gardening, Beginners Gardening, Organic Gardening, Vegetable) Perennial Vegetables: Vegetable Gardening: 21 Vegetables to Plant Once and Harvest Forever (Perennial Vegetables, Perennial Plants, Gardening, Gardening ... Garden Vegetables, and Vegetable Gardening) Medicinal Herbs: Discover 12 Powerful Medicinal Herbs You Can Immediately Start Growing In Your Garden (Herbal

Remedies, Alternative Medicine, Healing Herbs, Growing Herbs) Gardening: Organic Vegetable Gardening Made Easy (Organic Vegetable Gardening Guide For Beginners Including Planning Planting And Growing Garden Fresh Produce) Greenhouse Gardening for Beginners 2nd Edition: How to Grow Flowers and Vegetables Year-Round In Your Greenhouse (Gardening, Planting, Companion Gardening, ... Gardening Guide, Planting Guide) How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices) Sprouting: The Beginners Guide to Growing Sprouts!: Everything You Need to Know to Start Growing and Enjoying Sprouts! Gardening: Perennial Vegetables - Plant Once and Harvest Year After Year (3rd Edition) (botanical, home garden, horticulture, garden, landscape, plants, gardening) COMPLETE HYDROPONIC GARDENING BOOK:: 6 DIY garden set ups for growing vegetables, strawberries, lettuce, herbs and m (Vegetable Gardening) DIY Projects Box Set: 25 Simple Ways to Cut Your Spending. Tips and Techniques to Create Indoor Garden Plus Drawing and Zendoodle Basic Lessons (frugal living, Indoor Gardening, drawing lessons)

[Dmca](#)